



Mark: Follow Me

Small Group Leader Guide

Jesus and the Waves

Scripture: Mark 4:35-41

Big Idea: God uses trials to strengthen our faith in Jesus.

Memorize: Mark 4:39 “And he [Jesus] awoke and rebuked the wind and said to the sea, ‘Peace! Be still!’ And the wind ceased and there was a great calm.”

Lesson Recap

Serving Jesus does not mean we will be able to avoid trials. Here are twelve disciples obediently serving and following Jesus. They daily attended to His work, believed Jesus, and gave up everything to follow Him. Yet we see these men in trouble and in danger of being drowned.

Jesus, as God, is all-powerful. We see Jesus in these verses doing that which is impossible for any human to do. He speaks to the winds, and they obey Him. He speaks to the waves, and they submit to His command, “Peace, be still.”

Application

What are you fearful of today? What does that teach us about trusting God?

Jesus knows our weakness, sees our sins, is aware of our short-comings but does not deal with us as we deserve. In this passage is a reminder of the grace and mercy of Jesus. Despite our defects of faith, He saves us and restores us. Jesus has not changed.

Discussion Questions

Choose or adapt questions so they are age/difficulty appropriate for your family.

Jesus was tired and needed sleep. What does this reveal about Him? Was He just a spirit, or was He human? (*He was human as you and me.*)

Jesus controlled the wind and the waves. What does this reveal about Him? Was He just a human, or was He also God? (*He is God.*)

The disciples asked the question, “Who then is this, that even the wind and sea obey Him?” How do you answer this? Who is Jesus?

If somebody told you, “Jesus was a great teacher, and He showed people how to live a good life, but He isn’t God,” what would you say in response?

Prayer. Close in a time of prayer as a family. Praise God that He is all-powerful, and thank Him for being here with us in our own storms and sufferings. Talk about who and what you can be praying for as a family.